

## Rest for Your Soul

Matthew 11:28-30

“Come to Me, all you who are weary and heavy-burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly of heart...and you shall find rest for your souls. For My yoke is easy and My burden is light.”

(Matthew 11:28-30)

### Two Program Notes

1. Is today's passage, in all four gospels, the only place where Jesus, without figures, describes His own \_\_\_\_\_?
2. Isn't Jesus' revelation about His \_\_\_\_\_ jaw dropping, especially when we consider the totality of who He \_\_\_\_\_?

### Jesus' Invitations

- I. What is Jesus' first \_\_\_\_\_? (10:28)
  - A. Who \_\_\_\_\_ Jesus' invitation?
  - B. What does Jesus promise the weary and heavy-burdened who \_\_\_\_\_ to Him?

II. What is Jesus' \_\_\_\_\_ invitation? (11:29-30).

- A. Why would anyone want to come to Jesus and learn from Jesus who offers a \_\_\_\_\_?
- B. What does this gentle and lowly Jesus \_\_\_\_\_ us?
  1. \_\_\_\_\_ for our souls.
  2. A yoke that is \_\_\_\_\_ and a burden that is \_\_\_\_\_.