

## AS ADULTS SHOULD WE BE CONCERNED ABOUT WHOOPING COUGH

The answer to this question is yes, especially if we are Seniors and those with cancer, on chemotherapy and other conditions where immune system is compromised. Most of us are not immunized to whooping cough (Pertussis). Even with having whooping cough as a child that immunity has worn off a long time ago.

There has been a dramatic increase in Whooping Cough the past few years probably due to our lack of immunity to this disease. Yes, children seem more prevalent with this disease but an increase has been happening in the older adult community. The state with the most increase is Washington (close to AZ and a place where lots of people come from to visit the Green Valley area).

Take a look at the bulletin board about Tdap vaccine to prevent Whooping Cough. One can get this vaccine at Walgreens and other Pharmacies without a Doctor's order; however you may want to check with your Doctor first.

Check out the vaccine information (Tdap) on the bulletin board at the Church